TOOL BOX Parenting Group

The Early Years 0-6yrs

Parent's Inc

The most important years in your child's development are these early years. No-one will influence your child's future more than you will. Remember, when it comes to your child's development that you are the builder and everyone else is merely the sub-contractor. Toolbox is there to help you enjoy these years with your child.

During these six sessions you will discover and apply new tools and strategies to use with your family. Our hope is that by the end of this course you will have the skills to set appropriate boundaries for your child and develop a strong and loving bond with them.

Never forget that the effort you put into parenting your children during these early years will have enormous pay-offs in the future.

Here are some of the topics covered:

Session 1

- What type of parent are you? Are there different species of parent?
- How do we become the kind of parent we really hope to be?

Session 2

- What are the physical and emotional needs of children?
- Why is positive labelling important?

Session 3

- How to engage children's cooperation.
- How can we spend less time correcting and more time enjoying?

Session 4

- What does discipline actually mean?
- How to handle difficult behaviour and stay sane.

Session 5

- What role do the different love-languages play?
- What kinds of activities, rituals and traditions make a family?

Session 6

- How do I become a parent coach or backbone parent?
- How do I stay calm and keep my cool

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Cost: $67.50 per person or $90 per couple. This includes a full manual each. Financial assistance is available so please don't let the cost put you off.

Please indicate if you would be interested in attending an Early Years Group or Middle Years Group. Tick your preference and return to preschool.

☐ **I would prefer a day time course - two hours one day per week at preschool.**

☐ **I would prefer an evening course – two hours one evening per week.**

☐ **I would prefer to attend by myself.** **Phone Number:**_____

☐ **I would prefer to attend with my partner.** **Parent/s Name/s:**_____

☐ **I am interested in attending the middle years group 6-12 years.**